

June 25 - Sept 6, 2010

**\*\*Special Sailing Schedule on the following dates: 7/5, 9/6**

Train Name Train No.	Mon - Wed		Thursday			Friday				Saturday and Sunday			Special Sailing Schedule Monday, July 5th			Special Sailing Schedule Labor Day, Sept 6		
	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	
<b>TRAIN DEPARTS</b>	<b>66</b>	<b>172</b>	<b>66</b>	<b>170</b>	<b>86</b>	<b>66</b>	<b>190</b>	<b>86</b>	<b>176</b>	<b>66</b>	<b>170</b>	<b>86</b>	<b>66</b>	<b>170</b>	<b>86</b>	<b>66</b>	<b>170</b>	<b>86</b>
Newport News, VA	4.55P	-	4.55P	-	-	4.55P	-	-	-	4.55P	-	-	4.55P	-	-	4.55P	-	-
Williamsburg, VA	5.17P	-	5.17P	-	-	5.17P	-	-	-	5.17P	-	-	5.17P	-	-	5.17P	-	-
Richmond, VA - Main St. Station	6.13P	-	6.13P	-	-	6.13P	-	-	-	6.13P	-	-	6.13P	-	-	6.13P	-	-
<b>RICHMOND, VA - Staples Mill Rd.</b>	<b>6.40P</b>	-	<b>6.40P</b>	-	6.00A	<b>6.40P</b>	-	6.00A	-	<b>6.40P</b>	-	6.00A	<b>6.40P</b>	-	6.00A	<b>6.40P</b>	-	6.00A
Ashland, VA	6.55P	-	6.55P	-	6.13A	6.55P	-	6.13A	-	6.55P	-	6.13A	6.55P	-	6.13A	6.55P	-	6.13A
Fredericksburg, VA	7.38P	-	7.38P	-	7.00A	7.38P	-	7.00A	-	7.38P	-	7.00A	7.38P	-	7.00A	7.38P	-	7.00A
Quantico, VA	8.00P	-	8.00P	-	7.19A	8.00P	-	7.19A	-	8.00P	-	7.19A	8.00P	-	7.19A	8.00P	-	7.19A
Franconia-Springfield, VA	8.19P	-	8.19P	-	-	8.19P	-	-	-	8.19P	-	-	8.19P	-	-	8.19P	-	-
Alexandria, VA	8.30P	-	8.30P	-	7.47A	8.30P	-	7.47A	11.05A	8.30P	-	7.47A	8.30P	-	7.47A	8.30P	-	7.47A
<b>WASHINGTON, DC</b>	<b>10.00P</b>	7.25 A	<b>10.00P</b>	5.02A	8.35A	<b>10.00P</b>	3.15 A	8.35A	<b>12.05 P</b>	<b>10.00P</b>	5.02A	8.35A	<b>10.00P</b>	5.02A	8.35A	<b>10.00P</b>	5.02A	8.35A
New Carrollton, MD	10.10 P	7.37 A	10.10 P	5.14A	8.46A	10.10 P	-	8.46A	12.16 P	10.10 P	5.14A	8.46A	10.10 P	5.14A	8.46A	10.10 P	5.14A	8.46A
BWI Airport, MD	10.30 P	7.53 A	10.30 P	5.30A	9.03A	10.30 P	-	9.03A	12.32 P	10.30 P	5.30A	9.03A	10.30 P	5.30A	9.03A	10.30 P	5.30A	9.03A
Baltimore, MD - Penn Station	10.46 P	8.08 A	10.46 P	5.45A	9.19A	10.46 P	3.55 A	9.19A	12.47 P	10.46 P	5.45A	9.19A	10.46 P	5.45A	9.19A	10.46 P	5.45A	9.19A
Aberdeen, MD	-	-	-	-	-	-	4.19 A	-	-	-	-	-	-	-	-	-	-	-
Wilmington, DE	11.36 P	8.55 A	11.36 P	6.30A	10.04A	11.36 P	4.50 A	10.04A	1.34 P	11.36 P	6.30A	10.04A	11.36 P	6.30A	10.04A	11.36 P	6.30A	10.04A
<b>PHILADELPHIA, PA - 30th St. Station</b>	<b>12.13 A</b>	9.18 A	12.13 A	6.52A	10.27A	12.13 A	5.15 A	10.27A	<b>1.56 P</b>	12.13 A	6.52A	10.27A	12.13 A	6.52A	10.27A	12.13 A	6.52A	10.27A
Trenton, NJ	12.48 A	9.46 A	12.48 A	7.20A	10.55A	12.48 A	5.45 A	10.55A	2.25 P	12.48 A	7.20A	10.55A	12.48 A	7.20A	10.55A	12.48 A	7.20A	10.55A
Metropark, NJ	1.15 A	10.07A	1.15 A	-	11.24A	1.15 A	-	11.24A	2.46 P	1.15 A	-	11.24A	1.15 A	-	11.24A	1.15 A	-	11.24A
Liberty Intl. Airport, NJ	-	10.20A	-	-	-	-	6.16 A	-	-	-	-	-	-	-	-	-	-	-
Newark, NJ	1.32A	10.26A	1.32A	7.54A	11.41A	1.32A	6.22A	11.41A	3.00P	1.32A	7.54A	11.41A	1.32A	7.54A	11.41A	1.32A	7.54A	11.41A
<b>NEW YORK, NY</b>	<b>2.40A</b>	11.00A	2.40A	8.30A	12.30P	2.40A	6.55 A	12.30P	3.30P	2.40A	8.30A	12.30P	2.40A	8.30A	12.30P	2.40A	8.30A	12.30P
New Rochelle, NY	-	11.28A	-	8.57A	-	-	-	-	3.57P	-	8.57A	-	-	8.57A	-	-	8.57A	-
Stamford, CT	3.30A	11.48A	3.30A	9.18A	1.16P	3.30A	7.43 A	1.16P	4.18P	3.30A	9.18A	1.16P	3.30A	9.18A	1.16P	3.30A	9.18A	1.16P
Bridgeport, CT	-	12.12 P	-	9.42A	-	-	-	-	4.42P	-	9.42A	-	-	9.42A	-	-	9.42A	-
<b>NEW HAVEN, CT</b>	<b>4.40A</b>	12.38P	4.40A	10.08A	2.04P	4.40A	8.31 A	2.04P	5.18 P	4.40A	10.08A	2.04P	4.40A	10.08A	2.04P	4.40A	10.08A	2.04P
Old Saybrook, CT	5.13A	1.07P	5.13A	-	2.36P	5.13A	9.00 A	2.36P	5.53P	5.13A	-	2.36P	5.13A	-	2.36P	5.13A	-	2.36P
New London, CT	5.34A	1.27P	5.34A	10.56A	2.56P	5.34A	9.22 A	2.56P	6.13P	5.34A	10.56A	2.56P	5.34A	10.56A	2.56P	5.34A	10.56A	2.56P
Mystic, CT	5.47A	1.43P	5.47A	-	-	5.47A	9.34 A	-	-	5.47A	-	-	5.47A	-	-	5.47A	-	-
Westerly, RI	5.59A	1.54P	5.59A	-	-	5.59A	9.45 A	-	6.34P	5.59A	-	-	5.59A	-	-	5.59A	-	-
<b>Kingston, RI (KIN)</b>	<b>6.17A</b>	<b>2.09P</b>	<b>6.17A</b>	<b>11.28A</b>	<b>3.29P</b>	<b>6.17A</b>	10.02 A	<b>3.29P</b>	<b>6.50P</b>	<b>6.17A</b>	<b>11.28A</b>	<b>3.29P</b>	<b>6.17A</b>	<b>11.28A</b>	<b>3.29P</b>	<b>6.17A</b>	<b>11.28A</b>	<b>3.29P</b>
<b>Depart Quonset</b>	<b>9.00 A</b>	<b>4.00 P</b>	<b>8.30 A</b>	<b>1.00 P</b>	<b>5.30 P</b>	<b>8.05 A</b>	<b>12.00 P</b>	<b>4.30 P</b>	<b>8.30 P</b>	<b>8.30 A</b>	<b>1.00 P</b>	<b>5.30 P</b>	<b>8.30 A</b>	<b>1.00 P</b>	<b>5.30 P</b>	<b>8.05 A</b>	<b>1.00 P</b>	<b>5.30 P</b>
<b>Arrive Martha's Vineyard</b>	<b>10.30 A</b>	<b>5.30 P</b>	<b>10.00A</b>	<b>2.30 P</b>	<b>7.05 P</b>	<b>9.40 A</b>	<b>1.35P</b>	<b>6.05P</b>	<b>10.05P</b>	<b>10.00A</b>	<b>2.35 P</b>	<b>7.05 P</b>	<b>10.00A</b>	<b>2.35 P</b>	<b>7.05 P</b>	<b>9.40 A</b>	<b>2.35 P</b>	<b>7.05 P</b>

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	Mon - Thurs		Thursday			Friday				Saturday and Sunday			Special Sailing Schedule Monday, July 5th			Special Sailing Schedule Labor Day, Monday, Sept 6			
Depart Martha's Vineyard Arrive Quonset Point	11.05 A 12.40 P	6.00 P 7.35 P	10.30 A 12.05 P	3.10 P 4.45 P	7.30 P 9.05 P	10.00 A 11.35 A	2.00 P 3.35 P	6.30 P 8.05 P	10.15P 11.50P	10.30 A 12.05 P	3.10 P 4.45 P	7.30 P 9.05 P	10.30A 12.05P	3.10 P 4.45 P	7.00P 8.35P	10.30A 12.05P	3.15P 4.50P	7.00P 8.35P	
Train Name	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	No Service	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	
TRAIN DEPARTS	Train No.	137	67	137	177	67	137	177	67	-	135	169	67	135	169	67	135	169	67
<b>Kingston, RI (KIN)</b>	2.41P	10.42P	2.41P	6.36P	10.42P	2.41P	6.36P	10.42P	-	2.46 P	7.41 P	10.42P	2.46 P	7.41 P	10.42P	2.46 P	7.41 P	10.42P	
Westerly, RI	2.55P	10.59P	2.55P	6.51P	10.59P	2.55P	6.51P	10.59P	-	-	-	10.59P	-	-	10.59P	-	-	10.59P	
Mystic, CT	-	11.11P	-	7.02P	11.11P	-	7.02P	11.11P	-	-	8.04 P	11.11P	-	8.04 P	11.11P	-	8.04 P	11.11P	
New London, CT	3.19P	11.25P	3.19P	7.20P	11.25P	3.19P	7.20P	11.25P	-	3.21P	8.20P	11.25P	3.21P	8.20P	11.25P	3.21P	8.20P	11.25P	
Old Saybrook, CT	3.39P	11.47P	3.39P	7.38P	11.47P	3.39P	7.38P	11.47P	-	-	8.40P	11.47P	-	8.40P	11.47P	-	8.40P	11.47P	
<b>NEW HAVEN, CT</b>	4.11P	12.45A	4.11P	8.09P	12.45A	4.11P	8.09P	12.45A	-	4.11P	9.08P	12.45A	4.11P	9.08P	12.45A	4.11P	9.08P	12.45A	
Bridgeport, CT	4.31P	-	4.31P	8.31P	-	4.31P	8.31P	-	-	4.31P	9.31P	-	4.31P	9.31P	-	4.31P	9.31P	-	
Stamford, CT	4.56P	1.31A	4.56P	8.56P	1.31A	4.56P	8.56P	1.31A	-	4.45P	9.56P	1.31A	4.45P	9.56P	1.31A	4.45P	9.56P	1.31A	
New Rochelle, NY	5.15P	-	5.15P	9.15P	-	5.15P	9.15P	-	-	5.15 P	10.15 P	-	5.15 P	10.15 P	-	5.15 P	10.15 P	-	
<b>NEW YORK, NY</b>	6.20P	3.00A	6.20P	9.50P	3.00A	6.20P	9.50P	3.00A	-	5.45 P	10.46P	3.00A	5.45 P	10.46P	3.00A	5.45 P	10.46P	3.00A	
Newark, NJ	6.37P	3.20 A	6.37P	10.22P	3.20 A	6.37P	10.22P	3.20 A	-	6.22 P	11.22P	3.20 A	6.22 P	11.22P	3.20 A	6.22 P	11.22P	3.20 A	
Liberty Intl. Airport, NJ	6.43P	-	6.43P	-	-	6.43P	-	-	-	6.28P	-	-	6.28P	-	-	6.28P	-	-	
Metropark, NJ	6.54P	3.36 A	6.54P	10.38P	3.36 A	6.54P	10.38P	3.36 A	-	6.40P	11.37P	3.36 A	6.40P	11.37P	3.36 A	6.40P	11.37P	3.36 A	
Trenton, NJ	7.16P	4.03A	7.16P	11.01P	4.03A	7.16P	11.01P	4.03A	-	7.03P	12.01A	4.03A	7.03P	12.01A	4.03A	7.03P	12.01A	4.03A	
<b>PHILADELPHIA, PA - 30th St. Station</b>	7.45P	4.40A	7.45P	11.28P	4.40A	7.45P	11.28P	4.40A	-	7.33P	12.28A	4.40A	7.33P	12.28A	4.40A	7.33P	12.28A	4.40A	
Wilmington, DE	8.05P	5.06A	8.05P	11.50P	5.06A	8.05P	11.50P	5.06A	-	7.55P	12.52A	5.06A	7.55P	12.52A	5.06A	7.55P	12.52A	5.06A	
Baltimore, MD - Penn Station	8.51P	6.08A	8.51P	12.40A	6.08A	8.51P	12.40A	6.08A	-	8.48P	1.40A	6.08A	8.48P	1.40A	6.08A	8.48P	1.40A	6.08A	
BWI Airport, MD	9.01P	6.19A	9.01P	12.50A	6.19A	9.01P	12.50A	6.19A	-	8.58P	1.49A	6.19A	8.58P	1.49A	6.19A	8.58P	1.49A	6.19A	
New Carrollton, MD	9.24P	6.42A	9.24P	1.14A	6.42A	9.24P	1.14A	6.42A	-	9.22P	-	6.42A	9.22P	-	6.42A	9.22P	-	6.42A	
<b>WASHINGTON, DC</b>	9.35P	7.30A	9.35P	1.25A	7.30A	9.35P	1.25A	7.30A	-	9.35P	2.25A	7.30A	9.35P	2.25A	7.30A	9.35P	2.25A	7.30A	
Alexandra, VA	-	7.47A	-	-	7.47A	-	-	7.47A	-	-	-	7.47A	-	-	7.47A	-	-	7.47A	
Franconia-Springfield, VA	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Quantico, VA	-	8.16A	-	-	8.16A	-	-	8.16A	-	-	-	8.16A	-	-	8.16A	-	-	8.16A	
Fredericksburg, VA	-	8.35A	-	-	8.35A	-	-	8.35A	-	-	-	8.35A	-	-	8.35A	-	-	8.35A	
Ashland, VA	-	9.19A	-	-	9.19A	-	-	9.19A	-	-	-	9.19A	-	-	9.19A	-	-	9.19A	
<b>RICHMOND, VA - Staples Mill Rd.</b>	-	9.45A	-	-	9.45A	-	-	9.45A	-	-	-	9.45A	-	-	9.45A	-	-	9.45A	
Richmond, VA - Main St. Station	-	10.12A	-	-	10.12A	-	-	10.12A	-	-	-	10.12A	-	-	10.12A	-	-	10.12A	
Williamsburg, VA	-	11.15A	-	-	11.15A	-	-	11.15A	-	-	-	11.15A	-	-	11.15A	-	-	11.15A	
Newport News, VA	-	11.15A	-	-	11.15A	-	-	11.15A	-	-	-	11.15A	-	-	11.15A	-	-	11.15A	

**June 25 - Sept 6, 2010 BOSTON Trains to Martha's Vineyard**

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Train Name Train No.	Mon - Thurs		Thursday			Friday				Saturday and Sunday			Special Sailing Schedule Monday, July 5th			Special Sailing Schedule Labor Day, Monday, Sept 6		
	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	No Service	Regional	Regional
<b>TRAIN DEPARTS</b>	<b>95</b>	<b>137</b>	<b>95</b>	<b>173</b>	<b>175</b>	<b>95</b>	<b>93</b>	<b>137</b>	<b>179</b>	<b>195</b>	<b>161</b>	<b>135</b>	<b>195</b>	<b>161</b>	<b>135</b>	-	<b>161</b>	<b>135</b>
<b>BOSTON, MA - South Station</b>	6.15A	1.40P	6.15A	11.05A	<b>3.25P</b>	6.15A	9.35 A	<b>1.40 P</b>	<b>6.45 P</b>	6.40 A	9.40A	1.45P	6.40 A	9.40A	1.45P	-	9.40A	1.45P
Boston, MA - Back Bay	6.20A	1.45P	6.20A	11.10A	<b>3.30P</b>	6.20A	9.40 A	<b>1.45 P</b>	<b>6.50 P</b>	6.45 A	9.45A	1.50P	6.45 A	9.45A	1.50P	-	9.45A	1.50P
Route 128, MA	6.30A	1.55P	6.30A	11.20A	<b>3.40P</b>	6.30A	9.50A	<b>1.55P</b>	<b>7.00 P</b>	6.55 A	9.55A	2.00P	6.55 A	9.55A	2.00P	-	9.55A	2.00P
Providence, RI	6.55A	2.20P	6.55A	11.52A	<b>4.05P</b>	6.55A	10.15A	<b>2.20 P</b>	<b>7.24P</b>	7.20 A	10.20A	2.25P	7.20 A	10.20A	2.25P	-	10.20A	2.25P
<b>Kingston, RI (KIN)</b>	7.16A	<b>2.41P</b>	7.16A	<b>12.13P</b>	<b>4.26P</b>	7.16A	10.36A	<b>2.41 P</b>	<b>7.45P</b>	7.41 A	10.41A	2.46P	7.41 A	10.41A	2.46P	-	10.41A	2.46P
<b>Depart Quonset</b>	<b>9.00 A</b>	<b>4.00 P</b>	<b>8.30 A</b>	<b>1.00 P</b>	<b>5.30 P</b>	<b>8.05 A</b>	<b>12.00 P</b>	<b>4.30 P</b>	<b>8.30 P</b>	<b>8.30 A</b>	<b>1.00 P</b>	<b>5.30 P</b>	<b>8.30 A</b>	<b>1.00 P</b>	<b>5.30 P</b>	<b>8.05 A</b>	<b>1.00 P</b>	<b>5.30 P</b>
<b>Arrive Martha's Vineyard</b>	<b>10.30 A</b>	<b>5.30 P</b>	<b>10.00A</b>	<b>2.30 P</b>	<b>7.05 P</b>	<b>9.40 A</b>	<b>1.35P</b>	<b>6.05P</b>	<b>10.05P</b>	<b>10.00A</b>	<b>2.35 P</b>	<b>7.05 P</b>	<b>10.00A</b>	<b>2.35 P</b>	<b>7.05 P</b>	<b>9.40 A</b>	<b>2.35 P</b>	<b>7.05 P</b>

**June 25 - Sept 6, 2010 Martha's Vineyard to BOSTON Trains**

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	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	No Service	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional	Regional
<b>Depart Martha's Vineyard</b>	<b>11.05 A</b>	<b>6.00 P</b>	<b>10.30 A</b>	<b>3.10 P</b>	<b>7.30 P</b>	<b>10.00 A</b>	<b>2.00 P</b>	<b>6.30 P</b>	<b>10.15P</b>	<b>10.30 A</b>	<b>3.10 P</b>	<b>7.30 P</b>	<b>10.30A</b>	<b>3.10 P</b>	<b>7.00P</b>	<b>10.30A</b>	<b>3.15P</b>	<b>7.00P</b>
<b>Arrive Quonset Point</b>	<b>12.40 P</b>	<b>7.35 P</b>	<b>12.05 P</b>	<b>4.45 P</b>	<b>9.05 P</b>	<b>11.35 A</b>	<b>3.35 P</b>	<b>8.05 P</b>	<b>11.50P</b>	<b>12.05 P</b>	<b>4.45 P</b>	<b>9.05 P</b>	<b>12.05P</b>	<b>4.45 P</b>	<b>8.35P</b>	<b>12.05P</b>	<b>4.50P</b>	<b>8.35P</b>
<b>TRAIN DEPARTS</b>	<b>172</b>	<b>94</b>	<b>172</b>	<b>176</b>	<b>178</b>	<b>172</b>	<b>174</b>	<b>94</b>	-	<b>162</b>	<b>88</b>	<b>168</b>	<b>162</b>	<b>88</b>	<b>168</b>	<b>162</b>	<b>88</b>	<b>168</b>
<b>Kingston, RI (KIN)</b>	<b>2.09P</b>	<b>8.55P</b>	<b>2.09P</b>	<b>6.50P</b>	<b>11.04P</b>	<b>2.09P</b>	<b>5.18P</b>	<b>8.55P</b>	-	<b>1.15P</b>	<b>6.09P</b>	<b>10.11P</b>	<b>1.15P</b>	<b>6.09P</b>	<b>10.11P</b>	<b>1.15P</b>	<b>6.09P</b>	<b>10.11P</b>
Providence	2.31P	9.18P	2.31P	7.11P	11.27P	2.31P	5.41P	9.18P	-	1.33P	6.33P	10.32P	1.33P	6.33P	10.32P	1.33P	6.33P	10.32P
Route 128, MA	3.00P	9.43P	3.00P	7.38P	11.56P	3.00P	6.09P	9.43P	-	2.04P	7.02P	11.00P	2.04P	7.02P	11.00P	2.04P	7.02P	11.00P
Boston, MA - Back Bay	3.10P	9.54P	3.10P	7.49P	12.07A	3.10P	6.19P	9.54P	-	2.15P	7.13P	11.12P	2.15P	7.13P	11.12P	2.15P	7.13P	11.12P
<b>BOSTON, MA - South Station</b>	<b>3.15P</b>	<b>9.59P</b>	<b>3.15P</b>	<b>7.54P</b>	<b>12.12A</b>	<b>3.15P</b>	<b>6.25P</b>	<b>9.59P</b>	-	<b>2.20P</b>	<b>7.18P</b>	<b>11.17P</b>	<b>2.20P</b>	<b>7.18P</b>	<b>11.17P</b>	<b>2.20P</b>	<b>7.18P</b>	<b>11.17P</b>